

PRAYER \& FASTING

## Gratefulness \& Expectation

## WHAT ARE YOU GRATEFUL FOR?

1. 
2. 
3. 

> WHAT ARE YOU EXPECTING GOD TO DO DURING AND AFTER THIS FAST?
1.
2.
3.

## WHY I SHOULD BE GRATEFUL



FASTING- WHY DO WE FAST?
ACTS 13:3 SO AFTER THEY HAD FASTED AND PRAYED, THEY PLACED THEIR HANDS ON THEM AND SENT THEM OFF.
GOD IS PREPARING US FOR THIS NEW SEASON!


PRAYING- THE CALL THE PRAY
DO NOT BE ANXIOUS ABOUT ANYTHING, BUT IN EVERY SITUATION, BY PRAYER AND PETITION, WITH
THANKSGIVING, PRESENT YOUR REQUESTS TO GOD. AND THE PEACE OF GOD, WHICH TRANSCENDS ALL UNDERSTANDING, WILL GUARD YOUR HEARTS AND YOUR MINDS IN CHRIST JESUS. PHILLIPIANS 4:6-7


RESTORE THE JOY OF MY SALVATION
PSALMS 51:12
RESTORE TO ME THE JOY OF YOUR SALVATION AND GRANT ME A WILLING SPIRIT, TO SUSTAIN ME.

THE JOY OF THE LORD IS YOUR STRENGTH. IF YOU ARE WILLING, OBEDIENT, HE WILL RESTORE AND MATURE, AND MAINTAIN.

## 

PEACE
2 CORINTHIANS 13:11
11 FINALLY, BROTHERS AND SISTERS, REJOICE!
STRIVE FOR FULL RESTORATION, ENCOURAGE ONE
ANOTHER, BE OF ONE MIND, LIVE IN PEACE. AND THE GOD OF LOVE AND PEACE WILL BE WITH YOU.

$$
\text { Pay } 5
$$

LONG SUFFERING -ENDURANCE
WHEN THE SITUATIONS IN LIFE ARE UNPLEASANT, YOU STILL KEEP PRESSING \& PRODUCING

2 PETER 3:9
9 THE LORD IS NOT SLOW TO FULFILL HIS PROMISE AS SOME COUNT SLOWNESS, BUT IS PATIENT TOWARD YOU, NOT WISHING THAT ANY SHOULD PERISH, BUT THAT ALL SHOULD REACH REPENTANCE.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$


RECEIVE YOUR HEALING
3 JOHN 1:2
BELOVED, I WISH ABOVE ALL THINGS THAT THOU MAYEST PROSPER AND BE IN HEALTH, EVEN AS THY SOUL PROSPERETH.


BREAKING SOUL TIES- WE DISCONNECT FROM ANYTHING THAT WILL NOT BE BENEFICIAL TO OUR DESTINY

2 COR 6:17 WHEREFORE COME OUT FROM AMONG THEM, AND BE YOU SEPARATE, SAYS THE LORD, AND TOUCH NOT THE UNCLEAN THING; AND I WILL RECEIVE YOU.


FAITH TO BEGIN
ISAIAH 43:18-19
FORGET THE FORMER THINGS; DO NOT DWELL ON THE PAST. SEE, I AM DOING A NEW THING! NOW IT SPRINGS UP; DO YOU NOT PERCEIVE IT? I AM MAKING A WAY IN THE WILDERNESS AND STREAMS IN THE WASTELAND.

$$
\text { Pay } 9
$$

GRACE TO FINISH
2 JOHN 1:8 WATCH OUT THAT YOU DO NOT LOSE WHAT WE HAVE WORKED SO HARD TO ACHIEVE. BE DILIGENT SO THAT YOU RECEIVE YOUR FULL REWARD.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$


HEARING THE VOICE OF GOD
ASK ME AND I WILL TELL YOU THINGS THAT YOU DON'T KNOW AND CAN'T FIND OUT. JEREMIAH $33: 3$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$


PATIENCE
JAMES 1:4
BUT LET PATIENCE HAVE ITS PERFECT WORK, THAT YOU MAY BE PERFECT AND COMPLETE, LACKING NOTHING.


## OBEDIENCE

IF YOU FULLY OBEY THE LORD YOUR GOD AND CAREFULLY FOLLOW ALL HIS COMMANDS I GIVE YOU TODAY, THE LORD YOUR GOD WILL SET YOU HIGH ABOVE ALL THE NATIONS ON EARTH. DEUTERONOMY 28:1


RENEWED TRANSFORMED MIND
PHILIPPIANS 4:8
FINALLY, BROTHERS, WHATEVER IS TRUE, WHATEVER IS HONORABLE, WHATEVER IS JUST, WHATEVER IS PURE, WHATEVER IS LOVELY, WHATEVER IS COMMENDABLE, IF THERE IS ANY EXCELLENCE, IF THERE IS ANYTHING WORTHY OF PRAISE, THINK ABOUT THESE THINGS.

## PRAISE

LORD, YOU ARE MY GOD; I WILL EXALT YOU AND PRAISE YOUR NAME, FOR IN PERFECT
FAITHFULNESSYOU HAVE DONE WONDERFUL THINGS, THINGS PLANNED LONG AGO. ISAIAH 25:1


THANKFULNESS
1 TIMOTHY 4:4-5
FOR EVERYTHING GOD CREATED IS GOOD, AND NOTHING IS TO BE REJECTED IF IT IS RECEIVED WITH THANKSGIVING, BECAUSE IT IS CONSECRATED BY THE WORD OF GOD AND PRAYER."

## Day 16

DIRECTION
PSALMS 32:8
I WILL INSTRUCT YOU AND TEACH YOU IN THE WAY YOU SHOULD GO; I WILL COUNSEL YOU WITH MY LOVING EYE ON YOU.


BREAKTHROUGH IS HERE
ISAIAH 54:17 - NO WEAPON THAT IS FORMED AGAINST THEE SHALL PROSPER; AND EVERY TONGUE THAT SHALL RISE AGAINST THEE IN JUDGMENT THOU SHALT CONDEMN. THIS IS THE HERITAGE OF THE SERVANTS OF THE LORD, AND THEIR RIGHTEOUSNESS IS OF ME, SAITH THE LORD.


THE BLESSING OF GIVING
LUKE 6:38
GIVE, AND IT WILL BE GIVEN TO YOU. GOOD MEASURE, PRESSED DOWN, SHAKEN TOGETHER, RUNNING OVER, WILL BE PUT INTO YOUR LAP. FOR WITH THE MEASURE YOU USE IT WILL BE MEASURED BACK TO YOU."
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

## FAMILY

PSALMS 127:3-5
CHILDREN ARE A HERITAGE FROM THE LORD, OFFSPRING A REWARD FROM HIM."

PSALMS 133:1
"LOOK AT HOW GOOD AND PLEASING IT IS WHEN FAMILIES LIVE TOGETHER AS ONE.


VICTORY AFTER THIS
NAY, IN ALL THESE THINGS WE ARE MORE THAN CONQUERORS THROUGH HIM THAT LOVED US.
ROMANS 8:37


YOU WIN
$1 \mathrm{JOHN} 5: 4$
FOR EVERYONE WHO HAS BEEN BORN OF GOD OVERCOMES THE WORLD. AND THIS IS THE VICTORY THAT HAS OVERCOME THE WORLD-OUR FAITH.


GIVE BIRTH TO YOUR MINISTRY
JOHN 16:21
WHEN A WOMAN IS GIVING BIRTH, SHE HAS SORROW BECAUSE HER HOUR HAS COME, BUT WHEN SHE HAS DELIVERED THE BABY, SHE NO LONGER REMEMBERS THE ANGUISH, FOR JOY THAT A HUMAN BEING HAS BEEN BORN INTO THE WORLD.


KEEP PUSHING
ISAIAH 40:31
"BUT THEY WHO WAIT FOR THE LORD SHALL RENEW
THEIR STRENGTH; THEY SHALL MOUNT UP WITH
WINGS LIKE EAGLES; THEY SHALL RUN AND NOT BE WEARY; THEY SHALL WALK AND NOT FAINT."


HOLYSPIRIT ACTIVATE
"THESE THINGS I HAVE SPOKEN TO YOU WHILE BEING PRESENT WITH YOU. BUT THE HELPER, THE HOLY SPIRIT, WHOM THE FATHER WILL SEND IN MY NAME, HE WILL TEACH YOU ALL THINGS, AND BRING TO YOUR REMEMBRANCE ALL THINGS THAT I SAID TO YOU.'" JOHN 14:25-26.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$


PROSPERITY
3 JOHN 2:2
BELOVED, I WISH ABOVE ALL THINGS THAT THOU MAYEST PROSPER AND BE IN HEALTH, EVEN AS THY SOUL PROSPERETH.


ENTREPRENEUR START YOUR BUSINESS
PROVERBS 16:3 - COMMIT THY WORKS UNTO THE LORD, AND THY THOUGHTS SHALL BE ESTABLISHED. WHEN YOU CREATE A BUSINESS IDEA AND PLAN AND SHARE IT WITH GOD, HE CAN MAKE SURE THAT YOU ACCOMPLISH IT.


YOU WILL NEVER BE THE SAME
ROMANS 8:28
AND WE KNOW THAT FOR THOSE WHO LOVE GOD ALL THINGS WORK TOGETHER FOR GOOD, FOR THOSE WHO ARE CALLED ACCORDING TO HIS PURPOSE.


RECIEVE LOVE-GIVE LOVE
JOHN 15:12: MY COMMAND IS THIS: LOVE EACH OTHER AS I HAVE LOVED YOU. CORINTHIANS 16:14: DO EVERYTHING IN LOVE. 1 PETER 4:8: ABOVE ALL, LOVE EACH OTHER DEEPLY, BECAUSE LOVE COVERS OVER A MULTITUDE OF SINS.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$


HUNGER FOR GOD
MATTHEW 5:6
"BLESSED ARE THOSE WHO HUNGER AND THIRST FOR RIGHTEOUSNESS, FOR THEY SHALL BE SATISFIED.
PSALM 37:4-5 ESV/33 HELPFUL VOTES
DELIGHT YOURSELF IN THE LORD, AND HE WILL GIVE YOU THE DESIRES OF YOUR HEART. COMMIT YOUR WAY TO THE LORD; TRUST IN HIM, AND HE WILL ACT.


GLORY OF GOD RELEASED IT IS FINISHED

WHO IS THIS KING OF GLORY? THE LORD OF HOSTS, HE IS THE KING OF GLORY. SELAH. PSALM $24: 1$

NOW UNTO GOD AND OUR FATHER BE GLORY FOR EVER AND EVER. AMEN. PHILIPPIANS $4: 20$

I CONSIDER THAT OUR PRESENT SUFFERINGS ARE NOT WORTH COMPARING WITH THE GLORY THAT WILL BE REVEALED IN US ROMANS 8:18

## Prayer

Father, thank you for the grace to finish this 30 days of fasting, seeking, \& prayer. Thank you for showing me different faucets of your character and making me one with you. I thank you for the fruit of the spirit being activated and matured. It was only by your grace and mercy that this could be done. Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ, who has granted us dominion over the earth, and who strengthens us to overcome all the power of the enemy-nothing shall harm us! Speak, Lord, for

Your servants are listening. Thank you for opening the eyes of your servants that we may see; We know our God and we shall be strong, and carry out great exploits.

Keep in touch
Crystal Love is an energetic lover of Christ that has dedicated her life to serving people abroad. She is the founder of Holistic Ministries, and the author of Finding Normal and Making America Great. Through her ministry and books, she displays her heartfelt passion of seeing others become healed and delivered spiritually, emotionally, socially, and physically.

Keep going
"The best is yet to come"
holisticministries@gmail.com
holisticministrieslove.com linktr.ee/crystallovetheauthor

